

## Before the Meetings

### The Grab & Go Breakfast – \$9 per person

Sliced seasonal fruit and berries, house made muffins, house made breakfast breads, New York style bagels (this is VERY important to us, since Andrew was born and raised in New York and KNOWS bagels), your choice of two of our cream cheese flavors in addition to butter and assorted jams.

### Power Continental – \$10.50 per person

Locally made Greek yogurt parfaits, raw almonds, hard boiled eggs, sliced seasonal fruit & berry shots, power grain bagels, regular and lite cream cheese, butter and assorted jams.

### We need to feed them breakfast – \$11 per person

Sliced seasonal fruit and berry shots, locally made Greek yogurt, house made granola, scrambled eggs, locally farmed grits & cheese, New York Style Bagels, choice of 2 cream cheese flavors, house made muffins, house made breads, butter and assorted jams.

#### What do you need

##### to make it right for the group?

- 🍴 egg white, asparagus and roasted red onion frittatas - \$3
- 🍴 the BEST challah French toast with REAL maple syrup - \$3.50
- 🍴 cold smoked salmon and everything we know it should be served with - \$5
- 🍴 steel cut oatmeal and sides - \$3
- 🍴 locally made Greek yogurt parfaits - \$3
- 🍴 turkey sausage - \$3
- 🍴 smoked bacon - \$3
- 🍴 chicken and apple sausage - \$4

#### Stuffed Breakfast Biscuits - \$2.50 each

- 🍴 sausage & cheese
- 🍴 sausage, egg & cheese
- 🍴 bacon, egg & cheese
- 🍴 green onion, egg & cheese
- 🍴 ham, egg and cheese,
- 🍴 turkey sausage, egg white and cheese (whole wheat biscuit)
- 🍴 spinach, egg white and cheese (whole wheat biscuit)
- 🍴 fried chicken and pepper jack cheese

#### What does your group want to drink?

- 🍴 A&S dark brew coffee - \$16 per box
- 🍴 decaffeinated coffee - \$16 per box
- 🍴 Dilmah hot tea - \$15 per box
- 🍴 Simply Orange Juice - \$2 each
- 🍴 Coca-Cola products - \$1.25 each
  - **Coke, Diet Coke, Sprite, Coke Zero**
- 🍴 Dr. Browns - \$1.50
  - **Black Cherry, Diet Black Cherry, Cream, Diet Cream, Celray**
- 🍴 Dasani water – 1.50
- 🍴 Smart water – 2.00
- 🍴 **Tea and Lemonades** - \$14 per gallon
- 🍴 Gold Peak iced tea
- 🍴 A&S strawberry-mint lemonade
- 🍴 Culinary Concepts real lemonade

#### Cream Cheese Flavors

- 🍴 plain
- 🍴 lite
- 🍴 scallion
- 🍴 vegetable
- 🍴 smoked salmon
- 🍴 green olive
- 🍴 cinnamon raisin
- 🍴 herb/garlic